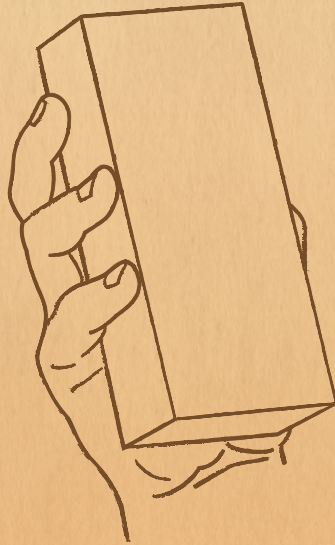


The Master Builder



The Awakening

Once upon a time it occurred to a man to ask himself a very important question, "How am I?". To answer honestly, he observed himself and his surroundings. In doing so, he realised that he wasn't where he wanted to be. Equally he saw that he was not how he would like to be.

He also noticed, as he looked at his hand, that it held a brick. In fact, in every moment of his life a new brick had appeared, but he had never realised this until now. With newfound clarity, he recognised that he had, in the past, put a portion of these bricks to good use. Indeed, over time, he had built some of what he wanted.

However, he saw that many more of his precious moments had been spent in meaningless ways. Through his previous lack of awareness, underestimation of his own potential, non-acceptance of his power to choose, inaction and wastefulness, he had unintentionally created a life he didn't want.

He decided to use this brick with mindful intent and began laying a path. Though he knew not where it would lead, he could no longer stay where he was, unfulfilled and dissatisfied with his life. Understanding for the first time the importance of this very moment, he carefully placed that first brick on the ground in front of him. In the next moment, as another brick appeared in his hand, he positioned it by the first. Moment after moment, new bricks were laid as they appeared, and the man started to move forward on his new path.